



DISCOVER A NEW WAY TO PLAY TOGETHER ONLINE

**ARE YOU A PARENT/CARER WHO WANTS A
STRONGER RELATIONSHIP WITH YOUR CHILD?
DO YOU SOMETIMES FEEL FRUSTRATED,
OVERWHELMED OR GUILTY FOR NOT
INTERACTING POSITIVELY WITH YOUR CHILD
AS YOU SIMPLY DON'T HAVE THE TIME OR
ENERGY TO PLAY?**

POP PLAY SESSIONS

are weekly parent-child connection based play activities that take place in the comfort of your own home over Zoom. This live 6 week programme takes only 30 minutes per session.

Guided (1:1) by Claire who is a qualified play therapist, this is for any parent/carer and their primary aged child who wish to bring back smiles and laughter to their relationship.



POP PLAY SESSIONS

- Each session comprises of carefully curated fun and interactive activities designed to enhance your relationship with your child.
- All materials needed for the sessions will be delivered directly to you.
- You can book a time which fits with your family.
- Initial call with Claire to gain insight into how these activities will engage you and your child.
- Extra option to book a coaching call with Claire throughout the programme for extra ideas and support with playtimes.
- BONUS 'Playful games pack' with ideas on how play can support specific concerns with your child such as reducing aggression and increase self-regulation.

About your practitioner:

Claire Twomey is a qualified (PG Dip) Play Therapist working in schools and with private clients within West Hertfordshire. She has an enhanced DBS check and is registered with PTUK - a PSA Government approved body. She is also a mum of two and prior to her therapy training was a Teaching Assistant working in primary schools for 12+ years.

For further info or to book contact Claire:
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